



# Health Matters

by  
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We're facing more immune challenges than ever these days. Allergic reactions to airborne allergens such as fungal spores trigger immune responses, with symptoms such as itchy noses and throats, watery eyes and sinus congestion, as well as making us more susceptible to viral and bacterial infections like colds and sore throats.

Used historically for its anti-bacterial, anti-fungal and anti-viral properties, **Oil of Oregano** has been revered throughout the ages. The ancient Greeks named it "Oregano" meaning "Delight of the Mountain" because of its many therapeutic uses, including not only for respiratory conditions, but skin rashes, burns, acne, warts and ear infections, as well as chronic vaginal, urinary and/or intestinal yeast infections.

Available in oil, nasal spray or soft gels, **Oil of Oregano** works quickly, safely and effectively. Our immune systems protect us from many pathogens, so it's imperative that we keep them strong, active and healthy.

As always, we guarantee your satisfaction.

**Locally owned for 35 years**

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