



Health Matters

by
Patsy Meridith, C.N.C.
Owner of
Natural Foods Market

If you're among the millions who take fish oil daily for its many health benefits, you'll be interested in a major advancement in Omega-3 research. A new, patented cold-water enzyme extraction method is now being used to produce a better Omega-3 supplement called **Vectomega**.

Vectomega is far superior to most fish oil products made with the typical extraction process that exposes them to heat and harsh solvents, which changes their molecular structure. Because **Vectomega** remains an unadulterated whole food complex, it is clinically demonstrated to be more potent, faster-acting, less prone to rancidity and up to fifty times more absorbable to targeted membranes such as heart and brain cells.

Improved stability, potency, absorption and bioavailability requires a much smaller dose (only 1 small capsule daily) of **Vectomega** to yield the desired health benefits without gastric upset or "burping" commonly found with other mass-market fish oils.

As always, we guarantee your satisfaction.

Locally owned for 35 years

 **NATURAL
FOODS MARKET**

610-1000

**Johnson City Crossing
near Old Navy**

www.NFMonline.com