



# Health Matters

by  
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*Helicobacter pylori* (*H. pylori*) are believed to be the bacteria that cause most peptic ulcers, which affect an estimated twenty percent of adults over age 40 and half of those over age 60. Traditional treatment for *H. pylori* is with antibiotics and acid-suppressing drugs, which are thought to have long-term side effects.

The medical journal, *Lancet*, reported that **Deglycyrrhizinated Licorice (DGL)** has been shown to be effective in reducing the incidence of ulcers by inhibiting *H. pylori* bacteria and promoting gastric healing without suppressing acid production, interfering with digestion or causing other side effects.

In another study, **DGL** relieved ulcers as effectively as Tagment with fewer relapses. Within twelve weeks, 91% of participants were healed. By stimulating production of the body's own natural protective substance, "secretin", **DGL** helps strengthen the gastric mucosa, which guards against ulcer formation and the adverse effects of acid reflux.

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