



Health Matters

by
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Owner of
Natural Foods Market

Regardless of your weight-loss goals, addressing metabolism is core to your success.

A healthy metabolism can be supported with our complete **“Sport-Performance Protein”** that refuels and repairs your muscles to help you more effectively burn fat, boost energy, curb cravings, stabilize blood sugar and lose weight.

Our new **“Sport-Performance Protein”** products in either certified “grass-fed” whey or organic plant-based protein, are both verified GMO-free. Also available are two drink mixes: **“Energy/Focus”** for a quick boost of energy and **“Recovery”** for faster muscle recovery. For protein-on-the-go, plant-based protein bars with 20 g of protein in several flavors are quick, easy and delicious.

Get going with our new line of **“Sport-Performance Protein”** products that help you prolong your thermogenic (fat-burning) activity to more effectively regulate your energy, metabolism, hunger, blood sugar and weight.

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