



# Health Matters

by  
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It's estimated that one in three of us over age 60 has mild cognitive impairment. Experiencing a decline in memory, concentration or focus incentivizes us to nourish and protect these vital brain functions. Staying physically and mentally active and practicing stress-reduction methods (deep breathing) can all have a beneficial effect.

Our ability to sharpen our focus and retention depends upon a healthy lifestyle, but now there are unique phytonutrients known to specifically support and enhance neuron activity, cerebral circulation and neuro-transmitter function.

**Dr. Formulated Brain Health** is a trio of exclusive, cutting-edge formulations developed by Dr. David Perlmutter, Board Certified Neurologist who has extensive clinical experience researching brain health and nutrition. There are three specific age-related formulas: **Attention and Focus for Kids, Memory & Focus for Young Adults and Memory & Focus for Adults 40+**.

As always, we guarantee your satisfaction.

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