



Health Matters

by
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Every day, hundreds of gallons of blood filters through our kidneys for removal of metabolic waste, so it's not surprising that urinary tract infections, or UTI's, are the second-most common infection, sending over 8 million of us to the doctor every year.

Medical experts agree that the standard treatment of antibiotics can create resistant bacterial strains, possibly complicating the condition in the long-run. To reduce the risk of UTI's, drink plenty of pure water and limit use of alcohol, sodas, coffee and sugar.

D-Mannose, the active ingredient in cranberries in a concentrated form, has been shown to be as much as 50 times more effective than just cranberry juice alone in controlling UTI's. Without disrupting the flora balance, like antibiotics, **D-Mannose** helps to support and protect the urinary tract by attracting and expelling infection-causing bacteria. It's available in capsules, powder or liquid.

As always, we guarantee your satisfaction.

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